

March 11, 2010 Newsletter

Regionals- We have 26 kids going to Regionals. **Good luck to all.** Remember weigh -ins are Friday March 12 from 6pm til 7:30pm or Saturday March 13 from 7am til 8am. You must weigh in at the regional that you will be wrestling at. There is a scale there to check your weight if you think that you may be close. Wrestling starts for those born in 2002-1999 at 9:30am on Saturday morning and for all girls. Wrestling starts for those born in 1998-1995 at 12:30pm on Saturday.

Sauk Prairie- If you paid the registration fee to get into the Sauk Prairie tournament , please see Karla to get your money returned to you.

For Sale- If anyone has an item wanted or for sale let me know and I will get into the newsletter.

Window Decals- 1 for \$6.00 or 2 For \$11.00. Contact Deb Soderstrom to purchase.

Tournament results- Please turn in your child's results to Cindy Woods. She will enter them on the website. Thank you to Cindy for keeping the website up and running.

Dominate the Dells- Cost is \$35.00 and you must register online by March 17th. 2005 and older may go. Weigh ins are Friday night March 19th and wrestling is Saturday March 20th. You must take your birth certificate with you to this tournament. They are also looking for workers for this tournament, if you are interested , please see Deb Soderstrom and I will get you the information and the contact person.

Nationals – You must register for nationals online and the cost is \$35.00. If you wait and register when you get there, the cost will be \$70.00. They will not except any registrations by mail. 2003 and older are able to go to Nationals. If you are in need of the information, talk to Deb Soderstrom and she will get it for you.

Hotel information- call and reserve your room under your own name and credit card

- **Dominate in the Dells Tournament-** If you are going to Dominate in the Dells , you might want to stay at the Econo Lodge. Some people have already booked there for this year that stayed there last year. It is clean and pretty inexpensive per Karla. This year the price is \$64.95 + tax. The phone number is 608-253-4343. We do not have a group of rooms blocked, so you will have to call and book your own room. Weigh -ins are Friday night March 19th and wrestle on Saturday March 20th.
- **Nationals-Cedar Falls, Iowa-**arrival is April 1st , 2010 and departure is April 4th, 2010 @ Wingate; Cedar Falls, Iowa. Phone # 319-277-2400. 10 Non-Smoking Rooms --\$89.90+ tax. Release date is **March 4th, 2010**. These rooms are booked under Phil Welsh/IG Wrestling.
- **Greco/Freestyle-Wisconsin Rapids-**arrival on Friday April 23, 2010 and departure on Sunday April 25, 2010 @ Quality Inn; 3120 8th St. South; Wisconsin Rapids, WI. Phone # 715-423-5506. 5 Non-Smoking Rooms and 4 Smoking Rooms--\$84.95+ tax. Release date is **April 9th, 2010**. Cancel 24 hours prior to

arrival. These are booked under Karla Nowak/IG Wrestling.

Upcoming Events-

Youth

- **March 13-** Regionals
March 19-20 - Dominate in the Dells online register until March 17th
March 26-27-Folkstyle State in Madison,WI (must qualify at regionals)
March 31-April 3- Folkstyle Nationals in Cedar Falls, IA online register until March 30th